

## Claims

1. A cosmetic comprising a protease, and a culture supernatant of lactic acid bacteria.

5        2. The cosmetic according to claim 1, wherein said protease is papain.

3. The cosmetic according to claim 1, wherein said protease is bromelain.

10       4. The cosmetic according to claim 1, wherein said protease is a protease derived from *Agaricus blazei* Muril.

5. The cosmetic according to claim 1, wherein said protease is a protease derived from *Grifola frondosa*.

6. The cosmetic according to claim 1, wherein said protease is a protease derived from *Bacillus natto*.

15       7. The cosmetic according to claim 1, wherein said lactic acid bacteria are lactic acid bacteria for fermenting kefir.

8. The cosmetic according to claim 1, wherein one or more materials selected from the group consisting of water, glycerin, and collodion are further mixed.

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